

# DISCOVERY CHANNEL MOM

*Selected from the collection  
"The Mommy Monologues"*

By Sharon Dunn

**Cast:** 1 w

**Length:** 3 pages of dialogue (834 words)

**Performance time:** About 4 minutes

## The Story

She calls herself the Discovery Channel Mom, on a mission to get through the sometimes dangerous caverns of her twelve-year-old daughter's room. As tough as it is to navigate through her daughter's mess, it's just as tough to navigate through these turbulent years. Yet, she can glimpse at the adult her daughter will soon become.

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## DISCOVERY CHANNEL MOM

**Props:** Pile of folded clothes, T-shirt, shoes, candy wrappers, posters, stuffed animals.

*(AT RISE: A WOMAN enters holding a pile of folded cloths. T-shirt, shoes, candy wrappers, posters, and stuffed animals are strewn over the stage.)*

Today I am a mom on an adventure. Call me a thrill-seeker, but I will explore the wild, the unknown, and sometimes dangerous caverns of my twelve-year-old daughter's room. That's me, Discovery Channel Mom. I know it makes your palms sweaty and your heart beat faster even to think about it. My mission is to navigate the perilous terrain of her floor ... *(Looks down at all the stuff.)* not that you can actually see the floor. I must get these neatly folded clothes into her drawer. Not an easy task and not for the faint of heart.

*(Looks around at the mess again.)* The secret is to take a deep breath and tell myself that no matter how strong the impulse, I must not clean up. She has to learn to take responsibility for her things and she won't learn that if I do it for her. *(Shaking.)* I really want to pick up those candy wrappers. *(Deep breath.)* I must be strong, at least as strong as the smell in this room. How can someone live like this day after day? *(Picks a shirt up off the floor.)* She saved her baby-sitting money for this. Now, I find it on the floor.

*(Exasperated moan.)* Maintain focus. Maintain focus. My job is to get these clothes into that drawer. *(Steps over a stuffed animal.)* I know this is all about allowing her to become independent little by little. But it is hard to do. *(Looks at the shirt again, shaking HER head.)* She wanted this shirt because every other girl at school had one like it. That's very important when you are twelve, to express your independence by dressing like everyone else. I want to give her some freedoms so she has confidence when she's older. The hard part is knowing when to place limits and when to let go and allow her to make mistakes. *(Sits down.)*

## **End of Freeview**

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